

CLIENTS RECEIVE THANKFUL EXPRESSIONS AT NORTHEAST MENTAL HEALTH

By Kathleen Piché, L.C.S.W., Public Affairs Director

Approximately 50 staff, clients and volunteers gathered in Highland Park to highlight the success of many Northeast Mental Health clients. The staff provided certificates and served Thanksgiving dinner to some of the neediest consumers. Community Worker Frank Duarte served as Master of Ceremonies, introducing Acting Program Head Anthony Alvarado, L.C.S.W., and many other clinical staff.

Those in recovery got a chance to tell their stories. Angelica suffered from panic disorder and had difficulty managing her two small children until she sought services at Northeast. She was diagnosed four years ago but is now off medications and is a volunteer at the clinic. "I'm proof that recovery is possible ... you can be stronger."

Michael Hunter, a volunteer at Cedars-Sinai, created a song for the gathering and played the guitar, encouraging all to thank Northeast Mental Health.

Thanks to the following staff for helping with the Giving Thanks event:

Fatima Agregado, LCSW; Erika Alatraste, ASW; Nancy Flores, ASW; Jeannelli Hernandez, LCSW; Gemila Leanos, ASW; Bernice Martinez, ASW; Angelica Otero, ASW; Karla Perez, ASW; Nancy Saucedo, ASW; Anthony Alvarado, LCSW; Alvaro Campos, Ph.D.; Miguel Osorio, LCSW; Sherry Bernardino, NP, MHC RN; Frank Duarte, CW; Susie Lopez, CW; Mei Ma, ITC





